

## Student Earthquake Kits

Put all items in 1-GALLON SIZE plastic bag. Zip-Loc works well. You may have to stuff the bag carefully more than once to arrange a way to get all items in it. The bag must be completely closed to avoid spillage of items. It IS possible!!

1. **Water** – as much as possible, Dannon makes 8.5 oz waters, which are good for smaller children. Older children can pack two or three larger water bottles or Gatorade. Avoid too much sugar.
2. **Three or four small, single-packaged & sealed foods such as:** peanuts, dried fruit, Ritz crackers, beef jerky, granola or energy bars with high calorie count (2400 – 3600) usually found in health food stores. No metal containers. Avoid too much salt (sodium).
3. **Toothbrush & travel size toothpaste**
4. **Reassuring note/letter from parents** – explaining all is okay, you'll get to the school as soon as you can, etc... (For younger children, please include a copy of a picture of your family, the family dog or your home for comfort purposes.)
5. **I.D. necklace tag** – MUST include child's name, mandatory medications and family contact "Home Base" number only. This can be homemade, but must be able to be worn as a necklace.
6. **One light stick** – 12 hours, snap, non-toxic
7. **One fold-up, pop-up cup** – Can be found in Save On or Rite Aid stores
8. **One note pad & pen or small box of crayons**
9. **Kleenex** (small package)
10. **Toy or deck of cards** (age appropriate)
11. **One pair of underwear/pull-ups**
12. **One or two feminine products** (if appropriate)
13. **Chapstick \*\*\***
14. **Comb** (barrette or hair tie, if desired) \*\*\*

All items are mandatory, unless \*\*\* are stated.

To ensure each child is prepared, your child's teacher will check individual Student Earthquake Kits. If all items are not in your child's bag, the bag will be returned home so it can be completed and sent back to school on September 16<sup>th</sup>.

If your child takes a daily medication that may be needed during an extended stay on school grounds, it is imperative that you make sure there is always at least a three day supply in the original container for emergency purposes.

Please establish a "home base" out-of-state emergency contact number for all members of your family. Each member needs to memorize this, and have a copy on his/her person at all times. There are times when out-of-state telephone numbers are the only numbers we can reach during a disaster.

For questions regarding Student Earthquake Kits, please feel free to contact me directly at (805) 497-7501 ext. 202.

Julie Leach

Human Resources Manager/Safety Coordinator